



# BREAK@WEEK

NEW GRANT INITIATIVE TO SUPPORT JEWISH NONPROFITS IN  
CLOSING THEIR ENTIRE ORGANIZATION FOR A FULL WORK WEEK

## APPLICATION

Powered by R&R: The Rest of our Lives, BREAKWEEK is an opportunity for US-based Jewish nonprofit organizations to experiment with a powerful talent intervention in a structured format, paired with implementation guides, coaching support, customized evaluation tools, peer-to-peer engagement and a \$5,000 grant. Organizational-wide closures are a proven practice that have been utilized across sectors to promote habits of wellbeing, retention and productivity, and combat burn-out, attrition and exhaustion. The deadline to submit this application is May 6, 2024. If you have any questions, or if there is something we can do to better accommodate your needs as you proceed through this process, please visit our website [www.restofourlives.org/breakweek](http://www.restofourlives.org/breakweek) or don't hesitate to reach out to Rachel Zieleniec at [rachel@restofourlives.org](mailto:rachel@restofourlives.org).

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## Contact Information

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All fields marked with \* are required and must be filled.

Organization Name \*

**Name of person submitting application \***

First Name

Last Name

**Position Title \***

**What pronouns do you use? \***

**Email \***

example@example.com

**Phone Number \***

Please enter a valid phone number.

**Organization's Address \***

Street Address

Street Address Line 2

City

State / Province

Postal / Zip Code

Are you the point person who will be managing and implementing this experiment for your organization? \*

Yes

No

## Organization Information

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How many years has the organization been in operation? \*

ex: 23

Number of full-time (> 30 hrs/week) staff members: \*

ex: 23

Number of part-time (< 30 hr/week) staff members: \*

ex: 23

Organization's current fiscal year operating budget \*

ex: 23

Please share your organization's current policies and practices regarding both paid-time-off and formal leaves (Examples may include vacation, parental leave, sick leave, sabbatical, etc.) \*

Type here...

0/500

**Do you track employees' time-off?**

- Yes
- No
- Not sure

**Please copy & paste your organization's benefits for employees as shared in your most recent job posting and/or in other public-facing materials \***

Type here...

0/1000

**Please share your projected BREAKWEEK dates. Please note: The one week break [5 consecutive work days] must be provided for your entire organization at the same time, between the months of August 2024 - February 2025, and cannot take place during the Jewish holidays or the week between Christmas and New Years. \***

**Has your organization ever considered experimenting and/or has already implemented organizational-wide breaks, specifically in service of the rest and wellbeing of your employees in the past? Please share detail. \***

Type here...



0/300

**Please share 2-3 reasons you believe your organization is ready to implement this specific rest-based intervention. \***

Type here...



0/300

**In addition to BREAKWEEK, is your organization planning on implementing or piloting any other rest-based interventions this year? If so, please share more detail. \***

Type here...



0/300

**Are there any accommodations that you or your organization may need in order to participate in this application process? \***

Type here...

0/150

Is there anything else you would like to share with us as part of your application?

Type here...

0/150

Prior to submission, please acknowledge the following criteria as requirements to participate in BREAKWEEK: 1) We acknowledge our organization will adhere to the grant requirements and close for 5 consecutive work days and meet the grant expectations between the months of August 2024-February 2025. 2) We acknowledge this cannot be an unpaid week-off for our employees, and our organization will maintain all pay and benefits for every employee during their org-wide time-off, and 3) We acknowledge that our organization's representative will attend the first grantee community of practice meeting on July 10, 2024.

Yes

Save

Submit

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